



Dedicated to fostering the science of psychosocial and behavioral oncology and improving the care of cancer patients and their families throughout the world



**International Academy on Psycho-Social Oncology:  
Psycho-Social Approach in Clinical Oncology: From Science to Practice  
Evaluation Results**

**8-10<sup>th</sup> April 2013**

**Renaissance Moscow Olympic Hotel  
Moscow, Russia**

Undertaken by Moscow Government and World Health Organization in association with International Psycho-Social Oncology Society (IPOS)



Sponsored by International Institute of Postgraduate Medical Education and Group of Companies European Medical Center



Head of Organizing Committee: Rivkina Natalia

Speakers:

Prof. Jimmy Holland, MSKCC, NY, USA

Prof. William Breitbart, MSKCC, NY, USA

Prof. David Kissane, Monash University, Melbourne, Australia

Prof. Maggie Watson, Royal Marsden Hospital, London, UK

Natalia Rivkina, GEMC, Russia

[www.iapso.ru](http://www.iapso.ru)

## **Participant Data**

Target audience: 150 participants

Registration list: 167 participants

Oncologists: 37% (61 participants)

Psychiatrists: 13 % (27 participants)

Clinical Psychologists: 37% (62 participants)

Others (social workers, nurse, head of Charity Fund): 13% (22 participants)

Other Russian regions represented:

Moscow (77%)

Saint-Petersburg (9%)

Rostov on Don

Samara

Other country represented:

Greece (1)

## **Academy Data**

The structure of curriculum:

Plenary Lectures 9:00 am – 1:00 pm

Workshop 2:00 pm – 6:30 pm

Participation fee:

Workshops and Plenary Lectures - \$200 (84 % participants)

Plenary Lectures - \$150 (16 % participants)

Fees paid by individuals: 54%

Fees paid by federal hospitals and institutions: 46%

Fees paid by charity funds: 19% (23 participants)

## Summary

Questionnaires filled out by participants showed very high interest for establishing an annual educational academy on psycho-social oncology and psychosomatic medicine. The psycho-social approach could become the ground for improving the system of postgraduate education in psychosomatic psychiatry.

The recommended future academy may include:

- Short-term workshops with specific objectives led by Russian and foreign speakers for 40-60 participants (once per month)
- International Academy with plenary lectures and workshops for 150-200 participants (twice a year)
- International Conference for 500-600 participants (once a year)

Topics for next academy:

- psycho-social treatment and rehabilitation for breast cancer
- psycho-oncology in child oncology
- psycho-social approach in palliative medicine

The past academy held on 8-10<sup>th</sup> April proved that communication skills training represents a unique teaching model for Russian medical education showing substantial practical importance for clinicians.

Perspectives for development:

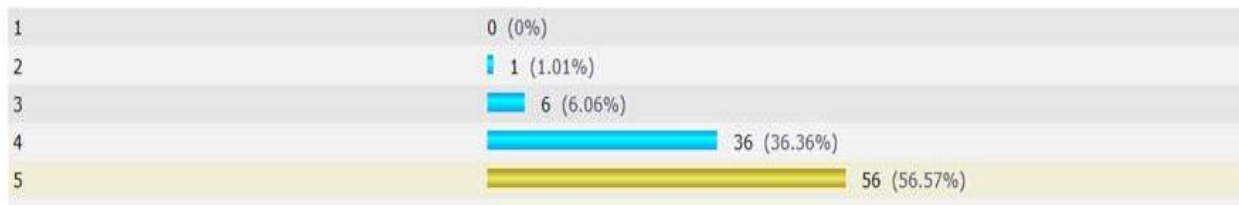
- Creation of Russian Association on Psycho-Social Oncology. Currently, a cross disciplinary working team consisting of leading Russian specialist in psycho-oncology was founded by Dr. Natalia Rivkina. The team has started to design the constitution and the mission statement for the Russian Branch of the Psycho-Social Oncology Association.
- Publishing a special edition issue entirely dedicated to psycho-oncology with a professional periodic magazine. The arrangement for such an issue to be published is already made with “Clinical Psychology and Psychotherapy” monthly magazine. The issue’s materials are in progress by executive editor Dr. Rivkina and managing editor Professor Kholmogorova. This issue may well be used to promote the newly formed association.
- Publishing a Russian translation of Basic Clinical Guidelines in Psycho-Oncology. The copyright for publishing in Russian was approved by APOS and the text itself is now being translated.
- Expanding the Moscow Psycho-Social Oncology Academy.
  - Involvement of foreign participants (Eastern Europe).
  - Mandatory certification of psycho-oncologists practicing in Russia. The legislative and professional standards for such a certification are now being discussed by the minister of health of Russia and Dr Rivkina.

## Evaluation

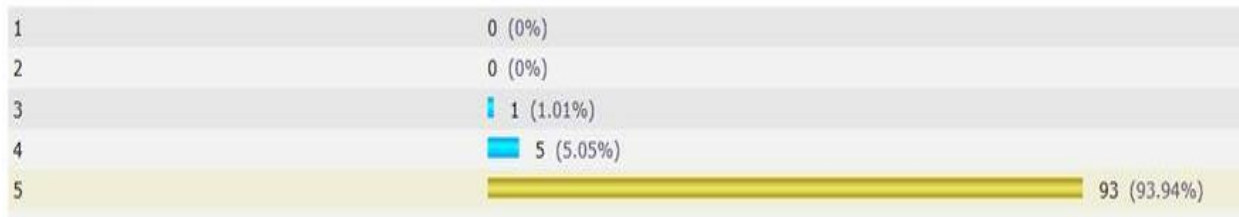
1. How satisfied were you with the academy?



2. How appropriate was the content of this workshop for your work?



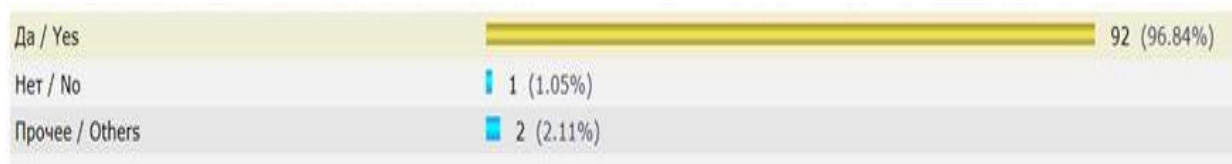
3. How would you rate the subject mastery demonstrated by the instructor(s)?



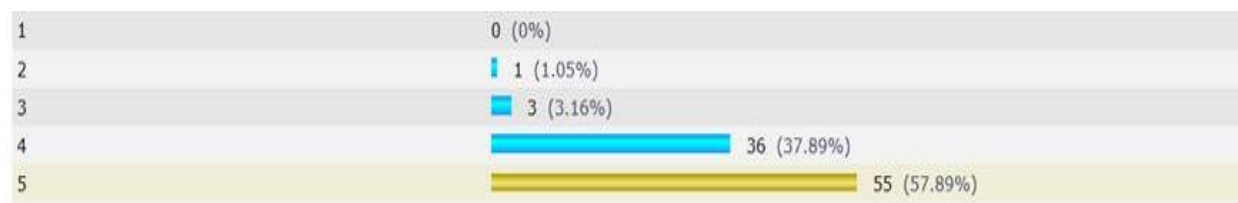
4. How well did the instructor(s) engage the participants?



5. How likely are you to recommend this course to your colleagues?



6. Please rate the course mechanics (audio/visual, room, lighting, handouts):



7. How much did you know about the subject of the workshop before today?



8. How much do you know about the subject of the workshop now?



9. What is your discipline? (Please select all that apply.)



10. How long have you been a psycho-oncology professional?



11. Are you planning to join the Russian Psycho-Social Society?



12. Are you planning to join the next sessions of International Academy on Psycho-Social Oncology?

